

EQ The Elizabeth Lofts

Quarterly Newsletter

A NOTE FROM THE EDITOR

While EQ catches its breath, reviews your comments, and makes adjustments, Brenda and the EQ Staff highlight a few previous articles and offer some updates. "Whatever happened to.....??"

GALLO NERO - An update

There's been lots of change in the south-east corner of The Elizabeth! Revisit the previous EQ article on Gallo Nero - and get the latest on our "closest" neighborhood restaurant.

SAILBOAT LIFE - Travel inspiration

Reread Teri's and Georgia's account of life on the water - with new details and discoveries!

URBAN MURALS - What's old, and what's new

Larry takes us back to check on the previously highlighted murals around town - are they still accessible and are there new ones? Check them out!

EQ RECURRING FEATURES

NOTES FROM THE LIBRARY

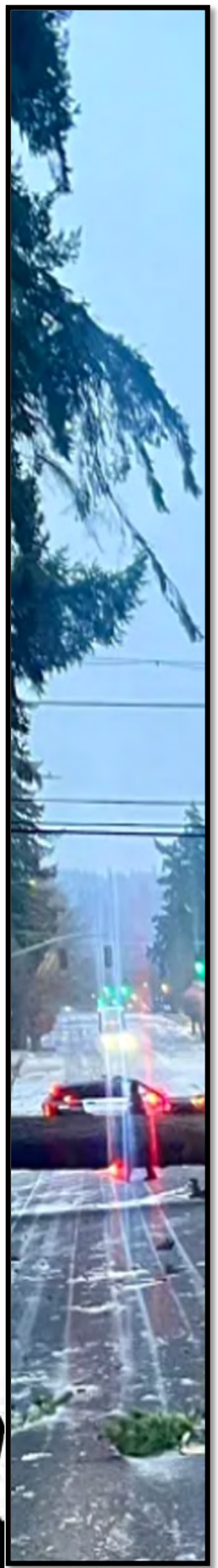
Books and their 'companion' movies! Bill explores two books, in our Library, that have recently been released as movies: *Killers of the Flower Moon* and *All the Light We Cannot See*.

WHAT'S HAPPENING?

Larry updates the calendar of notable events. Explore something new!

March 2024

Editing by Brenda Peterson and EQ team
Design & Layout by Michelle Heckman





NOTE FROM THE EDITOR

This Issue

Welcome to EQ18. In this issue, we're highlighting some of our favorite articles from past editions — with brief updates and a few new photos. We're also including two of our regular features: "Notes from the Library" and "What's Happening."

We're lucky to have Gallo Nero serving lunch and dinner in our building. We featured the restaurant in EQ5 in the fall of 2020 before its expansion in 2021 into the former J Pepin Art Gallery space. EQ staff recently followed up with owner Davide Filippini to get his thoughts on everything from the challenges of running a restaurant to what take-out food he orders when he doesn't want to cook.

Larry's article from EQ8 (July 2021) about a dozen murals around town has been updated and features three new murals for you to check out. We're also inviting you to send us photos of your favorite murals to feature in a future EQ edition.

In EQ10 (January 2022), Elizabeth residents Teri Tong and George Hicks shared their love of sailing with us. In this issue, Teri and George share more of their sailing adventures with us..

Read Bill's article on four great books in our library, including *Killers of the Flower Moon*, and then get ready to watch the Academy Awards on Sunday, March 10 to see if it wins Best Picture.

Spring's coming: Punxsutawney Phil didn't see his shadow this year. Check out what's happening in our neighborhood and get ready to get out and about.

EQ Survey Results

Thanks to the 28 residents who took our survey in December. We learned a few things: Almost everyone who took the survey encouraged us to keep publishing EQ and most of those who took the survey said that they read all or part of every issue.

One of the survey questions asked which of our regular columns was "most relevant" to the survey taker. Out of 28 responses, 22 said the quarterly "What's Happening Around Town" article was the most relevant. More on that below.

We also asked survey takers to tell us what was missing from EQ. Fourteen of you said you'd like to see more restaurant reviews, 10 said more travel ideas, and 6 said live performance reviews. We also received some write-in responses asking us to consider articles about the history of the Pearl, safety in the Pearl, security tips, house rule reminders, and recipes.

Help Needed

We are always looking for writers, editors, photo-takers, etc. You don't need to write an article for every issue, just join us when you can. We learned from the survey that readers are looking for restaurant reviews, travel ideas, recipes, and more. If you have something to contribute, let us know.

And if you don't want to be a writer, an editor, or a photographer, here's another way you can get involved and it won't take much of your time: The "What's Happening Around Town" article, which appears in every issue of EQ, is popular. We could use some help with online research about what's happening in Portland. If you'd be interested in helping out with online research, send us an email at EQ@elizabethlofts.org.

the  Staff

March 2024

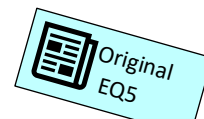
Special thanks to Paula McGee, former EQ Staff member, for her assistance on this issue.

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GALLO NERO -- REVISITED

Compiled By Brenda Peterson

Photos by Larry Rosenblum



Gallo Nero has been serving authentic Italian cuisine in The Elizabeth since 2012. In 2021, when the J. Pepin Gallery vacated the space next door, Gallo Nero expanded its operations.

Recently, EQ staff, following a delicious lunch in the “new” space, sat down with owner Davide Filippini for an update.



EQ: How are things going?

DF: It is a weird time. Everything is so unpredictable. It is hard to predict when we will be busy or slow. For example, when we had the recent snow storm, it was busy. It was slow the week before because the media was talking about the storm, and people stopped going out. But then when the snow came, we got busy.

We used to rely a lot on statistics but they don't work anymore. We just need to be ready.

We always have one or two hours during the day when it is busy, and we need employees. Some restaurants overstaff and then send people home when it is not busy. I don't like to do that.

EQ: Are you having trouble hiring people?

DF: Yes. It is difficult to find people who want to work.

EQ: Has it been helpful to have the new space?

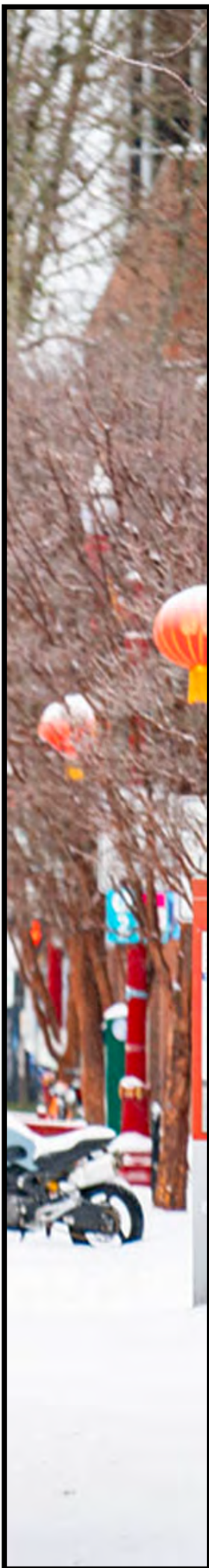
DF: Yes. The seating situation is much better. We used to have 12 two-person tables on top of each another. Now, we don't have the tables pushed too close together. It makes it easier [for customers] to talk, and it is easier for us to work.

EQ: You are open for lunch, and a lot of restaurants are not. How is that going?

DF: Lunches are also unpredictable, but overall, it has been helpful. We have people coming in every day. I am doing it both for the restaurant and for my employees. They need to work full time so it helps to serve both lunch and dinner. And we need to come in early anyway to prep for dinner service. We can't just show up at 5 PM and be ready to go.



1 Caprese Salad



EQ: Have things gotten better in the neighborhood?

DF: In March of 2020, when nobody was around, I came to work by myself, and I was leaving all the doors open. But then I started locking myself inside because of some of the people who walked in. It is hard to talk to people who are on drugs or have mental health issues.

It got worse for a while when the city allowed people to camp anywhere. People were coming from everywhere, not just Portland. And now, in 2024, it sounds like the city is trying to make it better.



2 Pasta with Prosciutto

EQ: We have a new security committee in the building collecting information.

We are interested in knowing your concerns about security.

DF: We need to go to the old mafia system! *[Laughing]* Who is going to help you? How do you stop certain people from coming in if the doors are open? I still need to keep the doors closed.

One morning a guy was spraying paint in our outside space. When there was a dumpster outside the new lighting store [across the street], that caused problems for us because people were throwing trash in the dumpster and other people were rummaging through it.



3 Vesper martini

EQ: Will you be keeping your outdoor space?

DF: Yes, for the summer. We tried it this winter but there was no interest. So we will reopen it this summer.

EQ: Do most people at your restaurant order wine as opposed to cocktails?

DF: Yes, but there are drinking trends. We went through a period when people preferred to drink cocktails vs. wine. In my view, cocktails belong to the bar; wine belongs at the table. I don't see pairing a glass of whisky with lasagna.

Note for cocktail drinkers: On our way out the door, Becca recommended the Vesper martini. Since then, the EQ staff has confirmed this recommendation.

EQ: Are there things that people in the building can do — other than eat and drink more?

DF: If people at The Elizabeth want food to go, we will do it.

EQ: You started doing take-out food during the pandemic. Are you still doing that on a regular basis?

DF: Sometimes it is hard to take care of the restaurant and even do a few orders of food to go. But we do it when we can, and we will do it for Elizabeth residents.

EQ: Are there menu items that will or will not travel well for take-out?

DF: Shellfish, such as our spaghetti frutti di mare, is harder. Bruschetta does not travel so well. The main thing to think about is how you are going to warm it up. Americans like microwaves. I never owned one until we moved into our new apartment. To reheat, I'd suggest putting things in the oven or, for pasta, just add a little liquid to a pan and warm it up.



4 Pollo Al Limone

EQ: Do you ever order take-out?

DF: On my days off, Becca and I have to do a lot of other things. Sometimes at the end of a long day, we order pizza for dinner.

EQ: What take-out pizza do you like?

DF: Mucca, in downtown Portland. Cibo on Division and 35th. And Otto, a little farther out. It has authentic Italian dough.

Curious about the origins of the name "Gallo Nero"?

Click here to see the original article from Issue 5, Oct 2020.



EQ: Anything else?

DF: Tourists are beginning to come back. We used to get a lot of Canadians, but they are not back yet. But this past summer, I had fun trying to speak all the languages I used to be able to speak. We got people from Germany, Switzerland, France, and Italians, of course.

EQ: So Italians eat Italian food on vacation?

DF: Yes! And it helps that we have a good reputation for Italian food.



EQ welcomes your comments on this article or the Issue: EQ@ElizabethLofts.org

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THE SAILBOAT LIFE

See the update from Teri and George at the end of this "return" of the original article, published in EQ10 (2022).

Original
EQ10

By Teri Tong and George Hicks

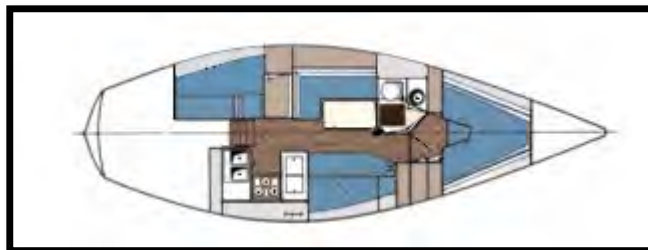
I wish I had paid more attention. Or perhaps that I had a better memory regarding my sailing lessons in the early 90's. Little did I know I would be spending several months every summer living on a sailboat in the years to come. Luckily, my sailing partner and Captain has 40+ years of sailing experience and also is adept at guiding a less experienced first mate, although I prefer the title he has bestowed upon me... "The Admiral."

THE BOAT

"Viking" is a 37-foot-long fiberglass sailboat that was built by Tartan Yachts in 1978. She has a diesel engine for when the wind is not blowing enough or in the right direction (which is a lot of the time) and fuel capacity that gives her a range of more than 600 miles between fill-ups. She has comfy bunks for six but it's usually just the two of us on board. There is one head with shower, a full galley with stove, oven, refrigerator with freezer and ample storage for food, beverages, of course, and utensils. She is equipped with a rowing-sailing dinghy for going ashore and exploring the various anchorages we visit. When she's fully loaded with fuel, water, food, clothes, sails and extras, we can easily stay out for three to four weeks before needing to re-provision at a marina along the way. She keeps us warm while underway, at the dock or at anchor with a forced air heater and a diesel fireplace. Besides all of "Viking's" navigational equipment, she carries ample entertainment to keep the crew happy, while at anchor, in the form of a good reading library, stereo system, flat screen TV and almost three hundred DVD movies. She is kept in [Anacortes](#), WA during the off season and is launched each Spring for the three to four month sailing season.



The Captain & The Admiral



George moved her up to Anacortes five years ago after a rather harrowing trip we had bringing her home to Portland.

Even though the weather channel predicted decent conditions, the wind kicked up unpredictably and the waves increased in both height and intensity. It became so severe



that we had to close the companionway door and fasten ourselves to the boat's cockpit in case we were knocked over. We were followed by ten-to-twelve-foot breaking waves for 10 hours! I sat on the cockpit floor while George steered the boat. As the Admiral, I would not allow the Captain to leave the wheel as the waves had become so violent that I couldn't hold it steady or predict the steering direction to keep the boat from being breeched by the waves. We just hoped that Viking's rudder and steering held. Did I mention that by that time it was dark and we were 30 miles offshore? This was by far our scariest boating experience. It was an easy choice to relocate her home port after that!

PAST SAILING DESTINATIONS

Our sailing is centered on coastal cruising here in the Pacific Northwest. During the past two years, our route has been limited to voyages in Puget Sound and the San Juan Islands due to COVID-19 travel restrictions. In previous years, we've visited the West Coast of Vancouver Island, [Desolation Sound](#), the [Broughton Islands](#) at the north end of Vancouver Island and all the way up the coast of British Columbia. George has taken the boat, with my help and the help from family and friends, on the 3,000 mile round trip all the way to [Juneau](#), AK and back to Portland during one season. Much of our time is spent exploring the rugged channels, bays and fjords of the British Columbia coast while keeping a keen eye peeled for weather, water conditions, boat traffic, navigational aids, hazards, and wildlife. Here is a [good site](#) to get an overview of another sailor's experience in the area.



Sailing toward one of the many fjords in Desolation Sound, BC

We've seen orca, humpback whales, dolphin, super schools of mackerel, sunfish, sea otters, seals, sea lions, plenty of eagles, ravens, [mergansers](#) and both black and brown bears. George went swimming while a black bear watched him from the shore. I remained on board just in case I had to take the boat home by myself. Some of our more memorable encounters included sailing with a super pod of more than 100 [Pacific White](#)



Stellar sea lions hanging out in the Broughton Islands, BC

[Sided Dolphin](#); having a large male orca pass under the boat, roll on his side and look up at George eye to eye; listening, while on deck, to the breathing of nearby humpback whales at night; seeing a humpback breach, fluke flap and spy hop more than thirty times in a row just a few hundred yards away, and watching a good sized iceberg from an Alaskan glacier slowly turn over to expose its sapphire blue underside as we slowly circled it in awe and disbelief. Hopefully we can take "Viking" back up the British Columbia coast to visit some new and favorite places this coming season.

A TYPICAL DAY

Lots of planning happens before we pull anchor or leave a marina. After weather, tides and currents along the route are considered, we begin our journey for the day. We travel during daylight hours only and a typical distance of 35-45 nautical miles. Please keep in mind we only travel six to seven kts/hr. Hopefully, at some point, the sails will be raised and the engine turned off. Watching the wind direction and speed, knowing when to tack or gibe, George confidently commands "The Admiral" on how to trim the sails, pinch up or fall off (AKA steer right or left). We are on the constant look out for anything in our path. Logs, rocks and crab pots are our nemesis! Fog, ferries and cruise ships can also be a challenge. Tugs pulling large barges or log rafts present unique navigational puzzles to solve as well.

Lunch is prepared and enjoyed while on the move. When the desired destination is reached, the cove or bay is analyzed for the best and safest spot to anchor. After setting the anchor, if time permits, the dinghy is dropped into the water and the "neighborhood" is explored; we go for a walk and say "Hi" to the nearby boats. About this time happy hour starts (it's after 5 somewhere), the fireplace is started (it's much colder on the water up north) and dinner prepared. It can range anywhere from barbecued chicken and salad to beef stroganoff. Dessert is a must! We are on vacation, after all. As the evening progresses, the weather report is assessed (again), a movie is watched and the next day's adventure is discussed. If it's a nice anchorage and we have the time, we may stay for several days or more to better explore it.



Preparing dinner with the fireplace warming up the cabin

There have been so many fantastic experiences over the years. We've learned much about the indigenous cultures of the Pacific Northwest and some of its fascinating folklore. The boat is now decorated with a few native carvings to commemorate places we've visited. It's difficult to choose just one place but, if I HAD to



Viking in Port McNeil, BC

pick, [Ocean Falls](#) located on the Central Coast of British Columbia would be at the top of the list. In 1906, the Bella Coola Paper Company established a plant there due to the potential of its hydro power capabilities. In 1912 an entire town began to be developed to support its production. At its height in 1912, the population grew to 3,900 residents. It had its own 400 room hotel, a hospital, K-12 school system, post office and even a swimming pool. But the operation dwindled over the years and by 1990 only about 70 residents remained after Crown Zellerbach, its owner at the time, completely closed the mill 10 years earlier. When we visited a few years ago, the population was down to 25 permanent residents, according to the owner of the ice cream shop in the small remaining 'hotel.' It was fascinating and sad to explore

what was left of the town, to see the decaying buildings and to imagine the lives and fun that must have taken place there over the years. The water from the dam is still roaring and is now the source of power for the crypto currency operation, Bitcoin, as reported to us by one resident.

I also love getting my city 'fix' when we dock right downtown in both Vancouver, B.C. and Victoria, B.C. The views are phenomenal and the convenience of walking right into town is so enjoyable after weeks of trees, water and sky. Plus, it's great to stretch our legs and get some experience with civilization again, although after months without haircuts I can't say we look our most presentable!

SO, WHAT WE HAVE LEARNED

1. Two people must like each other very much to spend three to four months on a small sailboat.

2. Sailing is more work than most people imagine. Hoisting sails and even making the bed require some muscle. Besides providing the required brawn, George constantly monitors depth, wind speed and direction, tides, currents and other boats' positions while at anchor. I am thankful for his expertise and years of experience that keep us safe and happy.

3. Spending the summer on the water is a perfect complement to residing in the city, especially during the pandemic.

4. Yes, I can survive without a daily shower ... but regular oral hygiene is a must. I am a retired dental hygienist, after all.

5. We have had the pleasure of meeting many great folks from all over this part of the world. Boaters, in general, possess a wonderful spirit of community and almost all will help you in a pinch, similar to the folks here at the Elizabeth!



Sunset in the San Juan Islands



Sail On: An Update to the Sailboat Life

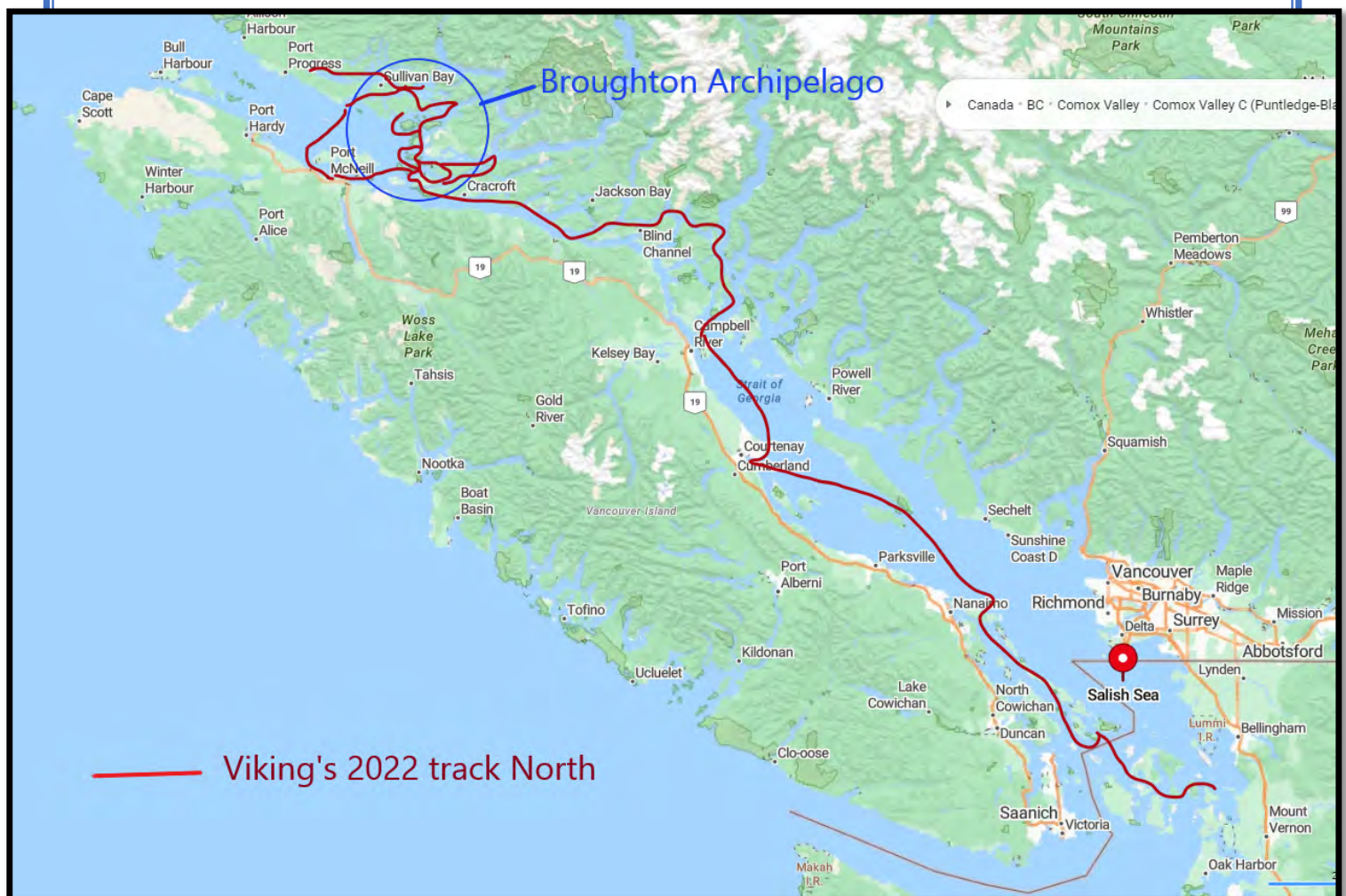
Teri Tong and George Hicks

FEBRUARY 2024

Since we wrote this story in January of 2022, for EQ10, we still have Viking and continue to store her during the off season in Anacortes, WA. We were able to voyage again in the San Juan's and northwest through the Salish Sea up the east side of Vancouver Island about 250 nautical miles to the Broughton Island Archipelago area. It took us a little over a week with relatively good weather to thread our way through the various channels as we timed our way with the strong tidal currents to this area.

We spent a month there exploring this incredibly beautiful marine environment where the temperate coniferous forests of British Columbia meet the rocky coast of Queen Charlotte Strait — home to a large array of marine mammals that include different types of toothed and baleen whales, seals, sea lions, otters, and the occasional ambling or swimming black bear or black tailed deer. During this visit, we even spotted almost a dozen black bear exploring the shore and occasionally overturning rocks in search of tasty additions to the day's meal. It's also the residence to various permanent and transient sea, coastal, and forest dwelling birds such as various types of Gulls, Kingfishers, Mergansers, Bald Eagles, Osprey, and Swainson's Thrush.

All of these animals depend on the rich abundance of the forest and ocean fish such as salmon, herring, various rock fish, crab, shrimp, and plankton. This area also grows vast amounts of giant kelp and other marine plants that are attached to the rocky bottoms we pass and anchor near. At the end of each day, we take some time to reflect and record in the boat's log book where we traveled, what the weather and water conditions were, any unusual sightings, and the types of animals we encountered. Of special note, as we traveled in this area, we were reminded and humbled by the more than 10,000-year habitation of this land by the First Nation's people, who lived, and still occupy it, as we passed the ruins of several abandoned villages, numerous ancient clam shell middens, and the rare petroglyphs.



Viking's 2022 voyage to the Broughton's

Also, since our last update, we had the opportunity to meet with some very special people during our voyages. George's son Kevin and his family and George's daughter Julia and her family each rented VRBO homes on the waterfront of bays on different islands in the San Juan's during the 2022 and 2023 summers. We were able to rendezvous with each family for several days by anchoring in the bay just off the beach of each of their houses. George rowed us all back and forth by dinghy to and from the boat. We all enjoyed our family visits, meals, day sails, and chances to explore various beaches and island trails. The four grandchildren each had a chance to "helm" the boat under the watchful eye of the skipper. What a blast! We all came away with memories for a lifetime. We hope these experiences stoke the love of exploration and adventure in the next Hicks generation.

One of our granddaughters,
Genevieve, at the helm



One of our grandsons, Jameson, at the
helm



Perhaps you have an interest in sharing some of your travel adventures
- we're open - let's talk -- drop us an email: EQ@elizabethlofts.org

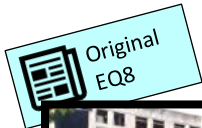
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OPEN YOUR EYES - Revisited

By Larry Rosenblum

Nothing is forever. That's especially true for murals.



For EQ8, I found murals all over the greater Pearl and wrote about a dozen of them.



The tribute to George Floyd that covered the Apple store was taken down once they reopened after Covid. The city promised to find a new home for this striking mural, but 2 years later it is nowhere to be found.



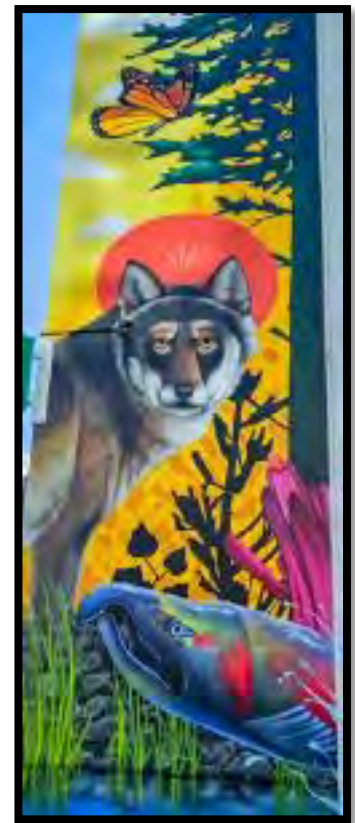
The mysterious woman in Faith47's "Capex Infiniti" is still standing, but new construction has hemmed her in and the mood has totally changed.

The building up on Upshur Street has been completely vacated and Plastic Birdie's whimsical "Hello Bear!" has been covered with a bland paint.



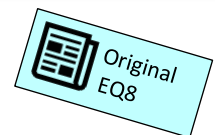
Fortunately, new walls are beckoning. Plastic Birdie AKA Jeremy Nichols has been busy. Across from the Safeway at 13th and Lovejoy, he has painted [Nature's Kaleidoscope](#) in honor of the 50th anniversary of the Endangered Species Act.

At the rear of 250 SW Taylor (best viewed from Salmon St.), Jeremy Nichols and Alex Chiu spent days in training to safely paint 100 feet in the air. The result is "[Inheritance](#)". The bowl full of all good things Northwest is held by one older hand and one young hand. It symbolizes the passing of the stewardship of our region from one generation to the next.



Next to the gas station on 21st and Lovejoy is "Illuminate!" by [Adam Brock Cerisi](#). He is a New York born artist and musician now residing in Portland. He has lots of work both in Portland galleries and on walls.

The walls of Portland have been painted red and blue and all the colors of the rainbow. There are too many for me to cover here, but that gives you a chance to go explore. If you find something you love, why not sent it to us at EQ so we can share it with others?



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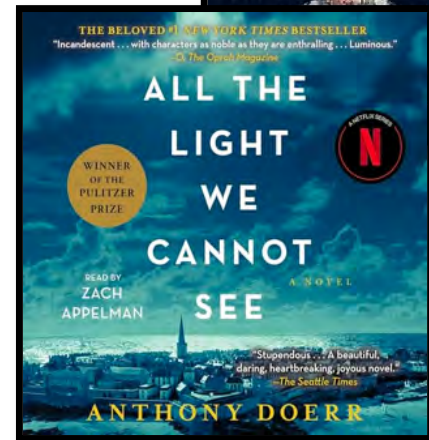
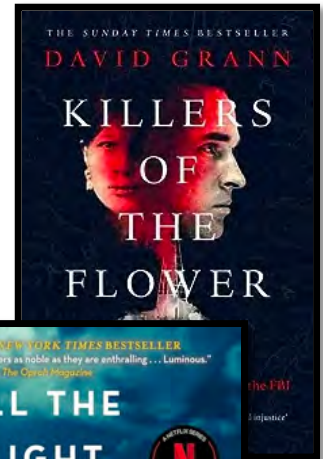


GREETINGS FROM THE LIBRARY BOOKS INTO MOVIES!

By Bill Melcher

Winter is a great time to curl up with a good book, but it's also time to catch up on streaming and movies. Two titles that allow us to do both are *Killers of the Flower Moon* and *All the Light We Cannot See*, spectacular books in our library that just came out in the theater and streaming respectively. Let the debate begin on which format is better! (Spoiler alert: This column contains spoilers, and the book is almost always better.)

David Grann did extensive research to write *Killers* (as well as *The Wager*), nonfiction that (both) continue on the NYT best sellers list. The Martin Scorsese film, developed by Apple+ and Paramount, is historical fiction, starring Robert DiNero, Leonardo DiCaprio, and Lily Gladstone. The native American actor is going to need to clear a lot of shelf space for all of her upcoming awards.

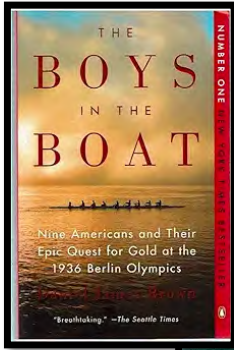


Comparing nonfiction to fiction is like apples to oranges, and in a way, we are treated to the best of both worlds: The 352 page book gives a history lesson on the nascent FBI and racism, while the 206 minute movie imagines the murderous greed of William King Hale and his family. The movie is well regarded by Rotten Tomatoes, Metacritic, and others, but its length has been criticized, especially by me. Why can't Hollywood make a blockbuster under two and a half hours anymore? Apple+ could/should break this into a mini-series.

Netflix did turn Anthony Doerr's 2014 Pulitzer Prize winning novel, *All the Light We Cannot See*, into a four-part series, and one of my criticisms is that they didn't make the series longer and develop the characters and story better. Doerr researched the novel for ten years to create his work of historical fiction and created a hard-hitting realistic portrayal of war. The Netflix series in some ways romanticized the war, turning it into a love story between Marie-Laure and Werner by the end. Marie-Laure and her father's exodus from Paris was a terrifying

experience in the book, but it seemed like a reflective trip to the countryside in the series. Major kudos to the series for the casting of two sight-impaired actors to portray Marie-Laure: Aria Mia Loberti and Nell Sutton.

Hugh Laurie does a wonderful portrayal of her great-uncle.



Two other acclaimed nonfiction books in our library, *The Boys in the Boat* and *The Wager*, have been or will be made into major motion pictures, so possibly we will be having more comparisons upcoming in this column!



You can reach Bill on email at: library@elizabethlofts.org

Bill Melcher, The Elizabeth Librarian, has brought order to our community room library. He has agreed to write a "regular" article on the status of the collection.

Previous reports:

- [EQ13 -- Fiction](#)
- [EQ14 -- Humor](#)
- [EQ15 -- Romance](#)
- [EQ16 -- ELEC Materials](#)
- [EQ17 -- Patterson & The House of Wolves](#)

We look forward to future reports.



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WHAT'S HAPPENING

Compiled By Larry Rosenblum

In Elizabeth Lofts

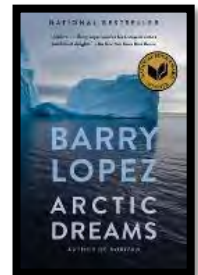
Here at the Elizabeth, we are dedicated to creating a neighborly environment. Listed below are some of the opportunities to become involved or just meet other residents.

Walking Group — The newest group at the Elizabeth meets Thursdays at 8:30 AM in the plaza. Walks are generally 3-5 miles and last about 60-90 minutes. Email Zeljko Grahovac at Grahovac.zeljko@gmail.com to be added to the list or check the resident's Facebook page at <https://www.facebook.com/groups/elizabethloftsresidents> for information about time and routes. Here is a photo from the walk to the Rose Garden.



Yoga Class — This class meets on Monday, Wednesday, and Friday at 10AM in the Community Room. Heather Ellis leads the class whenever she can, but when she can't we meet without her. The [schedule](#) is now posted online. Bring your yoga mat and enthusiasm as Heather walks you through yoga for beginners and advanced. Check out her videos on the [Elizabeth Lofts website](#).

Book Club - The [Elizabeth Book Club](#) meets on the second Monday of each month at 4:30 PM, usually in the Elizabeth Community Room. The book for March will be "[Arctic Dreams](#)" by Barry Lopez. Check out the book club shelf in the community room for past reads.



Community Committee — Our passion is to establish a vibrant culture here at The Elizabeth. Connecting individuals through social activities we feel is the essence of the Community. We hope you join us as often as you can. You ask. We listen. Residents can make suggestions for events. Reach us at Community@elizabethlofts.org.



Welcome Committee — The Elizabeth Lofts Welcome Committee's mission is to make the Elizabeth Lofts a more warm and friendly place. Being involved in this group is a great opportunity to meet and welcome new residents to our community. If this interests you, reach us at welcome@elizabethlofts.org to offer your help.

EQ - the newsletter you are reading right now! Contributing to this publication is an opportunity to exercise your creative muscles. We need writers, photographers, editors, graphic designers and artists. Contact us at EQ@elizabethlofts.org to volunteer or just ask questions. We love guest contributors as well, if you have something fun or fascinating to share with neighbors.

ELEC — the Elizabeth Lofts Emergency Committee is a group of residents who have come together to make people and the building safer, more secure, and more resilient in the event of an emergency. We need volunteers to help us plan for disasters either in an ongoing capacity or as special advisors on issues like medical care or construction. We also need people who we know in advance are ready to help when need strikes. If you want to help or just learn more about what we do, contact ELEC at elec.leads@elizabethlofts.org.

Events Websites to Check Out

Availability and attendance policies may vary and change at any time. We recommend that you verify the details.

[Portland's 5 Centers for the Arts](#) has a large variety of scheduled live events at local venues. This is a handy site for browsing entertainment opportunities throughout the area. You can search by venue or by event type based on your own interests.



[Portland Center Stage at the Armory](#) has a variety of events on their schedule, and events are very convenient to our building. Events include dramatic and musical theater and even some free events and exhibits and First Thursday opportunities. This venue is so convenient to our building. For those unable to attend a live performances, there are [recordings of virtual offerings](#) still available.

[Mississippi Studios](#) – a wide range of rock, blues, folk and indie music.



[Kickstand Comedy](#) – shows Thursday through Sunday @ 1006 SE Hawthorne Blvd.

[Oregon Festivals and Events](#) has a calendar full of future events throughout the state if you are looking for something new to do.

Check out a wide variety of [live concerts](#) coming to Portland; select your music style and or dates and find your next event.

For those more interested in classical music, [Chamber Music Northwest](#) has posted their 2023-2024 season. The site also has a listing of [Free Masterclasses](#) to watch online.



Check out the [Oregon Symphony](#), including [livestream concert](#) tickets are for those not yet ready to go to an in-person event.

[45th Parallel Universe](#) – 2023-4 season of classical concerts at various locations

The [Oregon Ballet Theater](#) has subscription packages for the 2023-24 season on sale, and there is much to explore on the website if you are a fan of this artform.

[Broadway](#) in Portland has some musical and non-musical productions coming this season.



Enjoy a mysteriously delightful dinner at the [Dinner Detective](#) at the Embassy Suites downtown. It is America's largest interactive comedy murder mystery dinner show; the menu looks enticing, and the event sounds hilarious.

Jazz and blues lovers should check out events coming to the [Jack London Revue](#) or enjoy a relaxing evening of dinner and music at [Wilfs](#). [PDXJazz](#) lists shows all around Portland.

Don't forget Powell's has a [full calendar](#) of conversations with writers.

[First Thursday in the Pearl](#) – art, culture, community. The street festival along NW 13th Avenue will resume in the spring, but lots of [galleries](#) are beckoning as well.

A selection of current exhibitions at [art galleries](#) to check out when it's not First Thursday. Don't forget the nearby [Pacific Northwest College of Art](#).

Check out [Willamette Week](#) for lots of great music and fun things to do.



The [Portland Mercury](#) has listings of things to do around town, from free events and festivals to events supporting activism and social justice. Articles on current events and politics are available to browse.

Check Them Out Before They Are Gone

[Liz Cheney](#) lectures at the Arlene Schnitzer Concert Hall. March 5th @ 7 PM.

[Elizabeth Leach Gallery](#) – Lee Kelly (Bennington Suite and Color Studies) and Anna Von Mertens (Elements and Objects) from March 7 to April 27. 417 NW 9th Ave.

Pi Day – 3/14. So take a [pie crust class](#) from chef Emily Soblosky, 1207 Naito Pkwy.

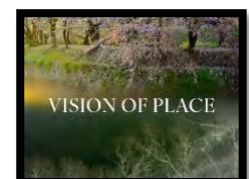
[PSU Noon Concert Series](#) – Hurry! Free classical music every Thursday through March 14th at Lincoln Hall.



[Policing Justice](#) – artist exhibition through May 19th at the Portland Institute of Contemporary Art, 15 NE Hancock St., Portland, OR

The [Gothard Sisters](#) celebrate St. Patrick's Day @ Old Church, March 15 7:30 PM.

[Vision of Place](#) – photography exhibit of Hokkaido, Japan. March 16 to June 10 @ the Japanese Gardens.



[Shamrock Run](#) – races from a Leprechaun Lap to a half marathon. March 17th at Tom McCall Park.

[Worst Day of the Year Bike Ride](#) – March 19th @ 9AM starting at the Lucky Labrador Pub (SE 9th and Madison).



[Women's NCAA March Madness](#) – sweet 16/elite 8 games @ Moda Center. March 29-April 1.

[John Cleese: Last Time to See Me Before I Die](#) - at the Arlene Schnitzer Concert Hall. April 1st @ 7 PM.

[Tina Fey and Amy Poehler](#): Restless Leg Tour – Moda Center April 14th @ 6 PM.

Taxes Due – April 15. Yikes!

Record Store Day – still a thing! April 20th. [Find a store](#) near you.

[Earth Day](#) – April 22nd.

[Cinco de Mayo Festival](#) – too much fun for 1 day. Schedule TBD around May 5 @ Tom McCall Park.

Mother's Day – May 12. Call your Mom!

[Portland Rose Festival](#) including the City Fair (beginning May 24), fireworks (May 26), Starlight Parade (June 1), Starlight Run (June 3), Fleet Week (June 5), Grand Floral Parade (June 8), Milk Carton Boat Races (June 23), Treasure Hunt, (TBD), [Rose Festival Art Show](#) (June 6-26).



[Monet to Matisse](#): French Moderns – *French Moderns* showcases approximately 60 works of art considered to be modernist masterpieces. Portland Art Museum June 8 to September 15.

[Portland Beer Week](#) – too much fun and beer for 7 days. June 14-23 at various locations around town.

Father's Day – June 16. Buy your Dad a beer!

[Waterfront Blues Festival](#)– July 4-7 @ Tom McCall Waterfront Park. Fireworks on the 4th. Curious? Read our [review from EQ 12](#).

[Portland Craft Beer Festival](#) – July 4-6 @ Elizabeth Caruthers Park (3508 S. Moody Ave.)

43rd Annual [Cathedral Park Jazz Festival](#) – July 19-21.



Ready for a Night at the Movies?



[Living Room Theater](#) (10th and Stark) and [Cinema 21](#) (616 NW 21st Ave.) offer more than the usual fare.

[Flicks on the Bricks](#) – free summer movies will be back at Pioneer Courthouse Square, but dates and films are not yet set.

For a larger than life experience check out what there is to see on the IMAX screen at [OMSI](#).



Have you missed an issue of EQ? All back issues are archived on the [Elizabeth Lofts website](#) and in print in the community room.



EQ welcomes your comments on this article or the Issue: EQ@ElizabethLofts.org

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